

# ACTIVE islander

WINTER/SPRING

2010



VILLAGE OF KEY BISCAINE COMMUNITY CENTER



## Take Your Pick

With a variety of programs and class offerings, boredom is not an option.



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## Community Center Hours

### General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.  
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

### Pool Hours

*(unless otherwise posted for classes and special programs)*

Monday - Friday 6:15 a.m. to 8:45 p.m.  
Saturday and Sunday 8:15 a.m. to 7:45 p.m.  
Swim lanes are always available but may be limited for a class or special program.

### Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.  
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

### Indoor Playground

*(children under age 10 must be supervised by an adult)*

Monday - Friday 9:00 a.m. to 1:00 p.m.  
*(for children under the age of six)*  
3:00 p.m. to 8:00 p.m.  
Saturday and Sunday 9:00 a.m. to 8:00 p.m.  
Access may be limited during special events or parties.

### Computer Lab

Monday - Friday 9:00 a.m. to 3:00 p.m. *(adults only)*  
4:00 p.m. to 8:00 p.m. *(all ages)*  
*(opens at 3:00 p.m. on Wednesdays)*  
Saturday and Sunday 12:00 noon to 6:00 p.m. *(all ages)*

### Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the evenings after 4:00 p.m.

### Adult Basketball

Saturday 10:00 a.m. to 12:00 noon  
*(ages 35 and up)*

### Indoor Soccer

Tuesday 8:00 p.m. to 9:00 p.m.  
*(ages 30 and up)*  
9:00 p.m. to 10:00 p.m.  
*(ages 15 to 30)*  
Sunday 10:00 a.m. to 12:00 noon *(all ages)*

# Message from the Village Manager

## Dear Islanders:

With the arrival of 2010, Active Islanders are embracing the New Year with much anticipation, knowing it will be easy to stick to their New Year's resolutions with the variety of fitness classes now available at the Community Center for all age levels.

Our Senior Fitness Programs offer adults 50 and above a wide range of classes and fitness activities including the new H2O Power: Water Ai Chi—a class that combines yoga and a water-based form of Tai Chi—and the ever-popular Have a Ball and Splash Water Workout classes. Through our partnership with the Key Biscayne Community Foundation and the Active Seniors on the Key (A.S.K.) Club, we've also added new programming such as the A.S.K. Walking Club, a way for seniors to maintain optimum health by taking up walking on a regular basis.

Our new Fencing Club offers residents of all ages a chance to stay fit by learning the fast and athletic sport of sword fighting. Meanwhile, recent mothers will soon have an easy way to get fit quickly by enrolling in our new Mommy and Me Fitness class, which begins in January.

And since fitness and nutrition go hand in hand, our healthy program offerings would not be complete without creative cooking classes. Little Hands Food Creations offers age-appropriate cooking lessons for children four to nine. Here, kids learn all about the joy of cooking, but better yet, the chance to then taste their creations at the end of class! Food and Wine with Chef Jacqueline Kleis lets adults learn special cooking techniques to successfully prepare, cook, and present their culinary creations—along with tips on how to pair their dishes with the perfect glass of wine.

These are just some of the programming options we've lined up to keep you healthy and physically fit during the upcoming New Year. As always, we welcome your comments and suggestions so that we can continually improve our wonderful Community Center.

Genaro "Chip" Iglesias  
Village Manager



It's easy to stick to your  
New Year's resolutions  
with the variety of fitness  
classes available at the  
Community Center.



## Village Officials and Staff

Mayor Robert Vernon  
Vice Mayor Michael Davey  
Councilmember Enrique Garcia  
Councilmember Robert Gusman  
Councilmember Michael Kelly  
Councilmember Jorge Mendia  
Councilmember Thomas Thornton  
Village Manager  
Genaro "Chip" Iglesias  
Director of Parks and Recreation  
Todd Hofferberth  
Community Center Manager  
Ana J. Colls



# Membership Information

**Be an Active Islander – Join the Key Biscayne Community Center!  
Just follow these easy steps:**



## **Complete the Community Center membership application**

Forms are available at the front desk by calling 305-365-8900 or online at [www.activeislander.org](http://www.activeislander.org).



## **Show proof of residency**

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



## **Pay the membership fee\***

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

## **Membership Category Descriptions**

**Adults**—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

**Youth**—A youth membership is available to any resident between the ages of 10 and 18.

**Senior**—A senior membership is available to any resident who is 65 or older.

**Student**—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

**Couple**—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

**Senior Couple**—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

**Family**—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

## **Cancellation/Refund Policy**

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. We will provide a 100 percent refund to anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program will entitle the participant to a prorated refund.

## **Membership Categories**

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

\*Note: Membership fees are subject to change.

# Rules and Regulations

## Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

## Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in the hallways or stairwells or by the swimming pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

## Guest Policy

- Guests must be accompanied at all times by a Key Biscayne resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.

## Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
  - Member pass for 10 hours: \$70
  - Member pass per hour: \$7
  - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

## Toddler Room Drop-In Care Hours of Operation

<b>Monday - Friday</b>	8:00 a.m.-12:00 noon
	4:00 p.m.-8:00 p.m.
<b>Saturday and Sunday</b>	Closed

- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.
- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

## Refund Policy

Memberships are non-transferable and non-refundable. It is the goal of the Key Biscayne Community Center to ensure the enjoyment of all programs. If you are not satisfied with a program or are unable to participate for medical reasons, please contact the front desk immediately. Any one who makes a request before the start of the second class or scheduled program will receive a 100 percent refund. Requests received after the start of the second meeting will entitle the participant to a prorated refund. No refunds will be given after the conclusion of the program.

## ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.



# Youth and Teens



## TODDLER & YOUTH FITNESS

### Fencing Club

**NEW!**

The Miami Fencing Club offers students the unique experience of fencing—the fast and athletic sport of sword fighting. Come learn the lessons of speed, cunning, and honor. Beginning students will be provided with all of the necessary fencing equipment. Advanced students should bring their own equipment. All levels are welcome and no experience is necessary. Students must register for the six-week session as prorating is not allowed. Visit [www.miamifencingclub.com](http://www.miamifencingclub.com) or call 305-992-1946 for more information.

<b>Ages</b>	8 years and up (including adults)
<b>Days</b>	Wednesdays
<b>Time</b>	6:30-8:00 p.m. (beginners) 7:30-9:30 p.m. (advanced)
<b>Location</b>	Island Room
<b>Session 1</b>	January 6-February 10
<b>Session 2</b>	February 17-March 24
<b>Session 3</b>	March 31-May 5
<b>Instructor</b>	Mike Elder, Miami Fencing Club
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$145



## Mini Tennis

Now any child between the ages of three and eight can start playing tennis almost immediately, even if he/she has never picked up a racquet. This program, referred to as Quick Start Tennis by the United States Tennis Association (USTA), is an exciting new play format for learning tennis, designed to get kids interested in the game by using specialized equipment, shorter court dimensions, and modified scoring—all tailored to their age and size. This fast, fun program will get kids hooked on the sport of tennis—and keep them playing.

<b>Location</b>	Gymnasium
<b>Session 1</b>	January 5-February 4
<b>Session 2</b>	February 9-March 11
<b>Session 3</b>	March 16-April 15
<b>Session 4</b>	April 20-May 20
<b>Instructor</b>	Jorge Ribas and Ricardo Mena

<b>Ages</b>	3-4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	2:30-3:00 p.m.

<b>Member Fee</b>	\$130 (twice/week) or \$85 (once/week)
<b>Non-Member Fee</b>	\$150 (twice/week) or \$100 (once/week)

<b>Ages</b>	5-6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:00-3:45 p.m.

<b>Member Fee</b>	\$150 (twice/week) or \$90 (once/week)
<b>Non-Member Fee</b>	\$175 (twice/week) or \$110 (once/week)

<b>Ages</b>	7-8 years
<b>Days</b>	Wednesdays
<b>Time</b>	4:00-5:00 p.m.

<b>Member Fee</b>	\$100 (once/week)
<b>Non-Member Fee</b>	\$115 (once/week)



# Youth & Teen Programs

## Kidokinetics

Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving, and get in shape! Kidokinetics was developed to promote sports and fitness to boys and girls. These fun-filled classes include activities that develop motor skills, enhance physical fitness, and improve self-confidence. Kidokinetics teaches the basics of various sports and other important physical exercises, enabling children to feel competent when playing different sports. Classes focus on a different sport each week, keeping kids interested and excited. Experienced coaches lead fun classes with a focus on individual achievement in a non-competitive environment. Kids will receive a free T-shirt with first-time enrollment. Visit [www.kidokinetics.com](http://www.kidokinetics.com) for more information.

<b>Ages</b>	2-6 years
<b>Days</b>	Tuesdays
<b>Time</b>	4:00-5:00 p.m. (ages 3-6)
<b>Days</b>	Thursdays
<b>Time</b>	9:30-10:30 a.m. (ages 2-4)
<b>Location</b>	Island Room
<b>Session 1</b>	January 5-February 25
<b>Session 2</b>	March 2-April 29 (no class March 30 or April 1)
<b>Session 3</b>	May 4-June 3 (this session will be prorated)
<b>Instructor</b>	Coach Emily Johnson
<b>Member Fee</b>	\$96
<b>Non-Member Fee</b>	\$112



## BABY AND ME

### Mommy and Me Fitness

**NEW!**

Moms can now get in shape while bonding with their babies. As babies play, parents will be taken through a series of fitness exercises and yoga movements designed specifically for mommies so they can get fit quick. In the meantime, babies will develop habits that promote health and brain development. The instructor for this program is a certified personal trainer that specializes in youth fitness. This fitness class is bilingual.

<b>Ages</b>	4-12 months
<b>Days</b>	Wednesdays
<b>Time</b>	10:30-11:30 a.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 6-27
<b>Session 2</b>	February 3-24
<b>Session 3</b>	March 3-24
<b>Session 4</b>	April 7-28
<b>Session 5</b>	May 5-26
<b>Instructor</b>	Nohelia Siddons
<b>Member Fee</b>	\$60 (4-week session)
<b>Non-Member Fee</b>	\$72 (4-week session)

### Baby Sensory Program

Baby Sensory provides parents with hundreds of fun sensory development activities they can share with their child during the vital first year of life. Classes include fiber optic light shows, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls, and so much more. Once you have experienced these parent and baby activities you will want to come back next week for more captivating experiences. Each class includes a variety of different baby development activities plus discovery play-time. Visit [www.babysensory.com](http://www.babysensory.com) for more information.

<b>Ages</b>	2 weeks to 13 months
<b>Days</b>	Tuesdays
<b>Time</b>	10:00-11:00 a.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 12-March 16
<b>Session 2</b>	March 23-May 25
<b>Instructor</b>	Carolina Forero
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$239



# Youth & Teen Programs



*Name*  
Casilda Arellanes

*Originally From*  
Spain

*School*  
Key Biscayne Community  
School

*Hobbies*  
Soccer, ballet and  
gymnastics

*How long have you lived  
on the Key?*  
5-6 years

*Favorite activity/program  
at the Community Center*  
Game room and jungle gym

## Mommy and Me (Yupi!)

Created for parents and their little ones, this bilingual program offers joyful and innovative experiences using non-conventional materials.

<b>Ages</b>	9 to 30 months
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Key Biscayne Room
<b>Session 1</b>	January 6-February 26
<b>Session 2</b>	March 3-April 23
<b>Instructor</b>	Silvina and Vanessa
<b>Member Fee</b>	\$160 (once/week) or \$256 (twice/week)
<b>Non-Member Fee</b>	\$200 (once/week) or \$320 (twice/week)

## Island Kids Choir

A non-auditioned chorus where children will learn choral and vocal techniques in a varied repertoire. Children will explore harmony, rhythm, and instrumental accompaniment while having loads of fun.

<b>Ages</b>	5-11 years
<b>Days</b>	Tuesdays
<b>Time</b>	5:30-6:45 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 6-February 10
<b>Session 2</b>	February 17-March 24
<b>Session 3</b>	March 31-May 5
<b>Instructor</b>	Angeles Padilla and Florencia Badino
<b>Member Fee</b>	\$110
<b>Non-Member Fee</b>	\$129

## MUSIC & PERFORMING ARTS

### Ultimate Guitar

This class is for those young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar.

<b>Ages</b>	8 years and up
<b>Days</b>	Tuesdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 5-February 9
<b>Session 2</b>	February 16-March 23
<b>Session 3</b>	March 30-May 4
<b>Instructor</b>	Angeles Padilla
<b>Member Fee</b>	\$110
<b>Non-Member Fee</b>	\$129

### Kids Make Music

Give your child the gift of music! In this class, children will experience, explore, and create musical possibilities in a relaxed and playful environment. Classes meet once a week for 45 minutes to sing, chant, move, dance and jam! This is fun family style learning experience where each child participates in their own level. Adult participation is optional.

<b>Ages</b>	18 months-4 years
<b>Days</b>	Mondays
<b>Time</b>	10:00-10:45 a.m.
<b>Location</b>	Game Room
<b>Ages</b>	2-4 years
<b>Days</b>	Thursdays
<b>Time</b>	3:15-4:00 p.m.
<b>Location</b>	Toddler Room
<b>Session 1</b>	January 4-February 8
<b>Session 2</b>	February 15-March 22
<b>Session 3</b>	March 29-May 3
<b>Instructor</b>	Angeles Padilla
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$120





# Youth & Teen Programs

## Modeling School for Kids

Kids will learn the fundamentals of the fashion world with this unique program offered by Imbu Modeling School. Lessons will include instruction on professional runway, makeup, hair styling, studio photography, and how to prepare for the fashion world. Let your child's future shine by giving them the confidence and know-how to become a professional model.

<b>Ages</b>	5-13 years
<b>Days</b>	Wednesdays
<b>Time</b>	2:30 to 3:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 6-March 24
<b>Session 2</b>	March 31-May 19
<b>Instructor</b>	Imbu Modeling School
<b>Member Fee</b>	\$90 (per month)
<b>Non-Member Fee</b>	\$108 (per month)

## Drama for Kids

Join the fantastic world of drama in this creative drama class and increase your public speaking skills and vocal ability in the process.

<b>Ages</b>	6-14 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	5:30-6:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 5-February 4
<b>Session 2</b>	February 9-March 11
<b>Session 3</b>	March 16-April 8
<b>Session 4</b>	April 13-May 13
<b>Instructor</b>	Clara Lago
<b>Member Fee</b>	\$80
<b>Non-Member Fee</b>	\$96



## OLYMPUS ORCHESTRA

**Session begins January 4**

### ORCHESTRA LEVELS

#### Level 1 Orchestra (Beginners)

Beginners have the opportunity to enter immediately into the orchestra world from the first day of class. Through the use of the violin they acquire, in a playful way, such musical notions as recognizing musical notes and instruments from the orchestra, sight reading, as well as music and rhythmic theory. A performance for children enrolled in this orchestra will take place approximately three months after the start of the program.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	3:15-4:15 p.m.
<b>Member Fee</b>	\$180 per month
<b>Non-Member Fee</b>	\$210 per month

#### Level 2 Orchestra (Intermediate and Advanced)

At this level, children have the opportunity of choosing the instrument of their choice based on the experience acquired at the Beginners Orchestra level. By the end of the season, children will have the knowledge and musical ability to move to the highest level of the orchestra. They will play an active role in concerts and recitals.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	4:15-6:15 p.m.
<b>Member Fee</b>	\$300 per month
<b>Non-Member Fee</b>	\$350 per month

#### Annual Registration Fee

All orchestra groups must pay an annual registration fee of \$150. (Fee should be paid by check and made payable to Olympus Foundation of the Americas. Valid for 12 months.)

Note: A sibling discount of \$50 will be applied to each sibling enrolled in the program. Registration is open year-round. For more information, please contact Amarylli Fridegotto at amaryllif@gmail.com.



# Youth & Teen Programs



## Hip Hop Teenz

Learn the latest hip hop choreography to the coolest music from shows such as *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative, easy-to-learn atmosphere. In this class, your child will learn to understand musical beats and perform to awesome choreography as if they were dancing in their very own music video! Don't miss out on a great dance education for your child where it's all about fun, fitness, and hip hop dance! Pro-rating is not allowed for this class. Students must register for the two-month session.

<b>Ages</b>	11-17 years
<b>Days</b>	Tuesdays
<b>Time</b>	6:00-7:00 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 5-February 9
<b>Session 2</b>	February 16-March 23
<b>Session 3</b>	April 6-May 11
<b>Instructor</b>	Hip Hop Kidz, Inc.

<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108

## ARTS AND CRAFTS

### Little Hands Food Creations

This class focuses on age-appropriate cooking recipes and projects. Your child will be introduced to a variety of healthy foods and decoration mediums, explore a range of tools, materials, textures, and techniques, prepare a food recipe to eat in class, and be allowed to express him/herself creatively in a non-competitive and relaxing manner.

<b>Ages</b>	4-9 years
<b>Days</b>	Tuesdays
<b>Time</b>	3:30-4:30 p.m. (ages 4-6)
<b>Time</b>	4:30-5:30 p.m. (ages 7-9)
<b>Location:</b>	Community Center Kitchen

<b>Session 1</b>	January 5-January 26
<b>Session 2</b>	February 2-February 23
<b>Session 3</b>	March 2-March 23
<b>Session 4</b>	March 30-April 20
<b>Session 5</b>	April 27-May 18
<b>Instructor</b>	Tania Beck

<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$120

## Magic Hands

Children will develop their creativity and senses by using fun and safe materials such as clay, foam, acrylics, watercolors, and soft woods to create adorable projects. Through unique arts and crafts activities, children will discover the magic their hands can create. Children will be divided into groups based on their age. Class fee includes all materials.

<b>Ages</b>	3 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:15-4:15 pm
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	January 4-January 27
<b>Session 2</b>	February 1-February 24
<b>Session 3</b>	March 1-March 24
<b>Session 4</b>	March 29-April 21
<b>Session 5</b>	April 26-May 19
<b>Instructor</b>	Claudia Fernandini and Doris Puga

<b>Members Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

## Art Zone

A high-energy class designed for older children and teens.

This active class will focus on painting and drawing, including the following fun activities: crazy lines, color expedition, gotcha canvas, copy cat, and magic circles.

The course fee includes the price of materials.

<b>Ages</b>	10-17 years
<b>Days</b>	Thursdays
<b>Time</b>	4:00-5:30 p.m.
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	January 7-February 25
<b>Session 2</b>	March 4-April 22
<b>Instructor</b>	Rita Rivas

<b>Member Fee</b>	\$130
<b>Non-Member Fee</b>	\$156



# Youth & Teen Programs

## Color and Form

This fun workshop allows children to learn how to handle colors and different creative expression techniques such as drawing, acrylic, and 3-D. All materials are included in the class fee.

<b>Ages</b>	4-12 years
<b>Days</b>	Tuesdays
<b>Time</b>	4:30-5:30 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 5-February 23
<b>Session 2</b>	March 2-April 20
<b>Session 3</b>	April 27-June 8 (session will be prorated)
<b>Instructor</b>	Aguamarina
<b>Member Fee</b>	\$170
<b>Non-Member Fee</b>	\$220

## Let's Get Messy

This fun workshop lets children perform exciting color/texture exercises as well as collages and action painting to develop fine motor skills, color differentiation, and knowledge. All materials are included in the class fee.

<b>Ages</b>	2-4 years
<b>Days</b>	Tuesdays
<b>Time</b>	4:30-5:30 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 5-February 23
<b>Session 2</b>	March 2-April 20
<b>Session 3</b>	April 27-June 8 (session will be prorated)
<b>Instructor</b>	Aguamarina
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$160

## Jewelry Design

Spark your creative side in this jewelry class taught by Judi. All materials are supplied and range from glass beads, semi-precious stones, pearls, wooden or plastic beads, shells, and Lucite that have been drilled for stringing or wiring.

<b>Ages</b>	6 years and up
<b>Days</b>	Mondays
<b>Time</b>	4:00 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	3:00 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Member Fee</b>	\$10 per class
<b>Non-Member Fee</b>	\$12 per class

## Knitting Class

Join Naekitsa Breznick who will introduce you to various fibers, different types of fine yarn, and knitting needles as well as basic knitware design. Learn how to knit, purl, cast on, cast off, decrease, and increase stitches too.

<b>Ages</b>	7 years and up
<b>Days</b>	Thursdays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session 1</b>	January 7-February 11
<b>Session 2</b>	February 18-March 25
<b>Session 3</b>	April 1-May 6
<b>Instructor</b>	Naekitsa Breznick
<b>Member Fee</b>	\$40 (beginner levels 1 and 2)
<b>Non-Member Fee</b>	\$48 (beginner level 1 and 2)
<b>Member Fee</b>	\$60 (beginner level 3)
<b>Non-Member Fee</b>	\$68 (beginner level 3)



### *Name*

Isa Antonini

### *Originally From*

Key Biscayne

### *School*

Key Biscayne Community School

### *Hobbies*

Swimming and dancing

### *How long have you lived on the Key?*

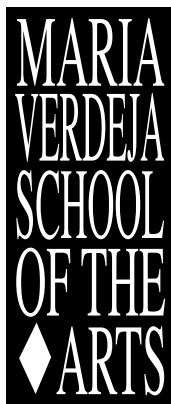
12 years

### *Favorite activity/program at the Community Center*

Swimming with TKA



# Youth Dance Programs



## DANCING STARS BY MARIA VERDEJA SCHOOL OF THE ARTS

The Maria Verdeja School of the Arts is proud to introduce its dance program Dancing Stars at the Community Center. Here, dancers can participate in a wide variety of classes in various technique forms such as classical ballet, lyrical, jazz, and tap. Established in 1986, this program is known for its curriculum of strengthening the dancer's technique as well as developing a sense of confidence and high self-esteem through the performances and events the dancers can participate in. The program's director will place students in appropriate classes at her discretion. The following classes are now being offered:

### Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body that creates its beauty. These classes must be taken twice per week.

<b>Level I</b>	Ages 3-5 years
<b>Level II</b>	Ages 6-9 years
<b>Level III</b>	Ages 10-13 years
<b>Pointe</b>	Students will be placed in this class at the director's discretion

### Lyrical Dance

This class is the fusion of ballet and jazz techniques where dancers use motion to interpret music and express emotion.

<b>Ages</b>	10-14 years
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### Jazz

This exciting form of dance is set to pop music where dancers show off skills such as high kicks and large jumps in an energetic way.

<b>Level II</b>	Ages 6-9 years
<b>Level III</b>	Ages 10-14 years

### Session Dates and Fees

<b>Session 1</b>	January 4-February 25
<b>Session 2</b>	March 1-April 29 (no class March 29-April 1)
<b>Session 3</b>	May 3-June 3 (this session will be prorated)

<b>Member Fee</b>	1 class/week (8 hours total) \$120 per session 2 classes/week (16 hours total) \$200 per session 3 classes/week (24 hours total) \$250 per session 4 classes/week (32 hours total) \$320 per session
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<b>Non-Member Fee</b>	1 class/week (8 hours total) \$144 per session 2 classes/week (16 hours total) \$239 per session 3 classes/week (24 hours total) \$299 per session 4 classes/week (32 hours total) \$379 per session
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<b>Additional Fees</b>	\$50 yearly registration fee made payable to Maria Verdeja \$95 yearly costume fee made payable to Maria Verdeja
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### DANCING STARS CLASS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3:30 p.m.	Ballet Level I		Ballet Level I	Jazz Level II
4:30 p.m.	Jazz Level II	Lyrical	Pointe Level III	Ballet Level III
5:30 p.m.	Ballet Level II	Jazz Level III		
6:30 p.m.	Pointe Level IV			

*Note: All classes will take place in the Island Room.*



# Youth Dance Programs

## YOUTH DANCE COMPANY OF KEY BISCAIYNE

Let your daughter benefit from the confidence, grace, poise, and discipline that the study of ballet will instill in her for a lifetime. Students will learn basic jazz and ballet technique step by step. This program is directed by Susana Catturini, graduate of New World School of the Arts and University of Florida, as well as a former member of the Momentum Dance Company.

<b>Location</b>	Island Room
<b>Session 1</b>	January 4-28
<b>Session 2</b>	February 1-25
<b>Session 3</b>	March 1-25 (no class during Spring Break)
<b>Session 4</b>	April 5-29
<b>Session 5</b>	May 3-27
<b>Instructor</b>	Susana Catturini and Alexandra Villarroel

## Lyrical Ballet and Jazz

Show off your ballet technique and apply it to free dance styles: lyrical and jazz. This class is designed to improve ballet techniques, including pointe, as well as to learn several dance combinations of both lyrical and jazz. Class will conclude with a stage performance of the classical ballet *The Nutcracker* at the end of the term.

<b>Ages</b>	10 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:30-6:00 p.m.
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$188



## Pre-Ballet

This program is specially designed to provide children with a strong foundation in dance and movement. It teaches the young dancer basic vocabulary and basic ballet technique at the barre, in the center, and across the floor. Class will conclude with a stage performance at the end of the term.

<b>Ages</b>	3-5 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$141

## Ballet I-II and Jazz

Children will continue the exploration of ballet techniques with emphasis on precision of lines and exactness of movement. Jazz will be taught immediately following the ballet segment. Girls will apply ballet techniques to several jazz styles with catchy rhythms and music. This class will conclude with a stage performance at the end of the term.

<b>Ages</b>	6-9 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:30-5:30 p.m. (Ballet only) 4:30-6:00 p.m. (Ballet and Jazz)
<b>Member Fee</b>	\$120 (Ballet only) or \$160 (Ballet and Jazz)
<b>Non-Member Fee</b>	\$141 (Ballet only) or \$188 (Ballet and Jazz)



*Name*  
Candelaria del Carril

*Originally From*  
Argentina

*School*  
Key Biscayne Community School

*Hobbies*  
Dancing and going to the beach

*How long have you lived on the Key?*  
3 months

*Favorite activity/program at the Community Center*  
Jungle Gym

# Broadway Musical Theatre Program



## BROADWAY MUSICAL THEATRE PROGRAM

The Broadway Musical Theatre Program is based on the interplay between the various elements of musical theatre where children learn to dance, act, and sing. Each class will consist of the technical aspects of ballet, jazz, tap, and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. Through this interplay, children will learn to successfully interpret some of Broadway's most memorable musicals. The program will conclude with a live theatrical performance.

<b>Session Dates</b>	January 19-May 17 (16-week session)
<b>Location</b>	Dance Studio
<b>Instructors</b>	Angelica Torres and Workshop Instructors
<b>Member Fee</b>	\$490
<b>Non-Member Fee</b>	\$575

*Note: Program includes 32 hours of class plus 8 hours of rehearsals for a total of 40 hours.*

## Broadway Group 1

<b>Ages</b>	4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:15-4:00 p.m.

## Broadway Group 2

<b>Ages</b>	5-6 years
<b>Days</b>	Mondays and Fridays
<b>Time</b>	2:30-3:30 p.m.

## Broadway Group 3

<b>Ages</b>	6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-5:00 p.m.

## Broadway Group 4

<b>Ages</b>	7-8 years
<b>Days</b>	Mondays and Fridays
<b>Time</b>	3:30-4:30 p.m.

## Broadway Group 5

<b>Ages</b>	9-12 years
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	4:30-5:30 p.m.

## Broadway Musical Theatre Advanced

These intensive classes (Pre-Advanced, Advanced Broadway, and Company) are designed for students with strong skills in at least two areas: singing, dancing, or acting.

*Note: These classes are by invitation only.*

<b>Session Dates</b>	January 19-May 17 (16-week session)
<b>Location</b>	Dance Studio
<b>Instructors</b>	Angelica Torres and Anthony Campisi

## Broadway Pre-Advanced

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-5:30 p.m.
<b>Member Fee</b>	\$520
<b>Non-Member Fee</b>	\$600

## Broadway Advanced Group I

<b>Days</b>	Wednesdays
<b>Time</b>	3:00-4:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:30-1:30 p.m.

*Note: Program includes 40 hours of class plus 16 hours of rehearsals and voice training for a total of 56 hours.*

<b>Member Fee</b>	\$520
<b>Non-Member Fee</b>	\$600

## Broadway Advanced Group II

<b>Days</b>	Mondays
<b>Time</b>	4:30-5:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	1:30-3:00 p.m.

*Note: Program includes 40 hours of class plus 60 hours of rehearsal and voice training for a total of 100 hours.*

<b>Member Fee</b>	\$550
<b>Non-Member Fee</b>	\$640



# Broadway Musical Theatre Program

## Broadway Voice and Acting Workshop

In this class, the latest and greatest songs from Broadway are used to teach singing technique, solfege, sight-reading skills, breathing habits, posture, diction, phrasing and interpretation of song literature. At the same time, students will learn great auditioning tips, improvisation skills, tips on improving stage presence and strengthening their performance.

**Session Dates** January 28-May 13  
**Location** Dance Studio  
**Instructor** Anthony Campisi

**Ages** 5-6 years  
**Days** Thursdays  
**Time** 3:15-4:00 p.m.

**Ages** 7-9 years  
**Days** Thursdays  
**Time** 4:00-5:00 p.m.

**Ages** 10 years and up  
**Days** Thursdays  
**Time** 5:00-6:00 p.m.

**Member Fee** \$250  
**Non-Member Fee** \$295

## Company

Company group is designed for students 13 to 21 years of age with a good level of singing, acting, and dancing experience. Students also should have prior experience in musical theatre. This class meets on Saturdays for two hours and a half and includes a one-hour Acting Workshop on Thursdays. *Note: Participants must be approved by instructor before registering for this class.*

**Session Dates** January 19-May 17  
**Location** Dance Studio

**Days** Thursdays  
**Time** 5:00-6:00 p.m.  
**Days** Saturdays  
**Time** 3:00-5:00 p.m.

**Member Fee** \$550  
**Non-Member Fee** \$640

Please visit [www.broadwaymusicaltheatre.com](http://www.broadwaymusicaltheatre.com) for updates and additional information.

## Broadway Musical Theatre Adults

This class is back by popular demand! This is an open call for adults to get ready to have a wonderful time learning tap, jazz, and ballet focusing on musical theatre and singing. At the end of the course you will take part in a full production (past productions include *Mamma Mia* and *Chicago*) and become part of our famous Broadway family.

**Session Dates** February 3-May 12  
**Location** Dance Studio  
**Instructors** Angelica Torres  
**Days** Wednesdays  
**Time** 12:00 noon-1:30 p.m.

**Member Fee** \$300  
**Non-Member Fee** \$354



# Youth & Teen Programs



## *Name*

Guy Fernandes

## *Originally From*

Brazil

## *School*

Key Biscayne Community School

## *Hobbies*

Swimming, bike riding, and playing video games

## *How long have you lived on the Key?*

5 years

## *Favorite activity/program at the Community Center*

Jungle Gym

## OTHER PROGRAMS

### Mind Lab

**NEW!**

Mind Lab is an innovative program that helps children enhance their cognitive, social, and emotional skills using internationally acclaimed thinking games. These unique games encourage problem solving, strategic thinking, and graceful winning and losing. Game concepts are then applied to real-life situations.

<b>Ages</b>	5-12 years
<b>Days</b>	Tuesdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 5-February 9
<b>Session 2</b>	February 16-March 23
<b>Session 3</b>	April 6-May 11
<b>Instructor</b>	Mind Lab

<b>Member Fee</b>	\$108
<b>Non-Member Fee</b>	\$126

### Social Skills Group for Children

Introduce your child to a fun, interactive program designed to develop and enhance proficiency in social situations. Behavior, anxiety, and attention difficulties will be addressed here. Participants must be evaluated first before registering. For questions or to receive an evaluation, please call the Miami PsychCenter at 305-446-0333 or visit [www.miamipsychcenter.com](http://www.miamipsychcenter.com).

<b>Ages</b>	6-15 years
<b>Days</b>	Fridays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 15-February 19
<b>Session 2</b>	March 12-April 23
<b>Instructor</b>	Miami PsychCenter

<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$350

### Math Tutoring

Now effective math tutoring is available on the Key, thanks to Math Matters, which is helping kids sharpen their math skills in all levels of math. Math Matters tutors help students with math assignments as well as assess them for mathematic proficiency. Each student is given an individualized program of hands-on tutoring using worksheets and math games. Students must register for the entire session.

<b>Ages</b>	5 to 18 years
<b>Days</b>	Wednesdays
<b>Time</b>	5:30-6:45 p.m.
<b>Days</b>	Fridays
<b>Time</b>	4:30-5:45 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 6-February 12
<b>Session 2</b>	February 17-March 26
<b>Session 3</b>	April 7-May 14
<b>Instructor</b>	Math Matters

<b>Member Fee</b>	\$150
<b>Non-Member Fee</b>	\$174

### Homework Club

Catch up on class work or fine-tune your academic skills with this after-school club.

<b>Ages</b>	Grades 1-8
<b>Days</b>	Mondays, Tuesdays, and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Second Floor Lounge

<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$6 per day



# Youth & Teen Programs

## RECREATIONAL ACTIVITIES

### Dodgeball Club

Have fun with this club for dodgeball fanatics.

<b>Ages</b>	Grades 3-8
<b>Days</b>	Wednesdays
<b>Time</b>	2:30 p.m.
<b>Location</b>	Gymnasium
<b>Fee</b>	Every child pays \$5 per month

### Ping-Pong Club

Calling all ping-pong players at the Community Center! Show off your skills and have fun with your friends in this special club.

<b>Ages</b>	Grades 3-12
<b>Days</b>	Fridays
<b>Time</b>	3:30 p.m.
<b>Location</b>	Game Room
<b>Fee</b>	Every child pays \$5 per month

### Friday Night Happenings

<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$6

### January 8, 15

#### Outdoor Wiffle Ball

<b>Ages</b>	8 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Village Green

### January 22, 29

#### Outdoor Ultimate Frisbee

<b>Ages</b>	10 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Village Green

### February 5, 12

#### Outdoor Soccer

<b>Ages</b>	10 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Village Green

## RAT'S DAY OFF

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips, and much more. Enrollment is limited so register early! And remember to pack a lunch since lunch is not included.

<b>Ages</b>	K-8 grades
<b>Dates</b>	Monday, December 21 Tuesday, December 22 Wednesday, December 23 Thursday, December 24 Monday, December 28 Tuesday, December 29 Wednesday, December 30 Thursday, December 31 Friday, January 22 Monday, March 1 Monday, April 5 Thursday, June 10 Friday, June 11
<b>Time</b>	8:00 a.m.-3:00 p.m.

<b>Member Fee</b>	\$20 per day
<b>Non-Member Fee</b>	\$25 per day



### SPRING CAMP

Monday, March 29 through  
Friday, April 2

*Note: Lunch is not included,  
please bring your own.*



## MARINE BIOLOGY 3-DAY WINTER CAMP

**Camp Director:** Gerard Loisel, NSU adjunct professor (College of Arts and Sciences Outstanding Teacher of the Year 2008)

Professor Loisel has taught marine biology to students of all ages for the past 33 years and is the former host of the PBS television series Marine Aquarium World. During this three-day camp, participants will study the sea grass community, visit the lab at the University of Miami Rosenstiel School of Marine and Atmospheric Science, explore the intertidal zone at Bear Cut, learn about dangerous marine animals, and take a trip to the Miami Seaquarium.

<b>Ages</b>	8-14 years
<b>Dates</b>	Monday-Wednesday: December 21, 22, and 23
<b>Time</b>	9:00 a.m.-1:00 p.m.
<b>Location</b>	Community Center
<b>Member Fee</b>	\$95
<b>Non-Member Fee</b>	\$107

Registration is available at the Community Center front desk.



# Youth & Teen Programs



## February 26

### Ping-Pong Tournament

<b>Ages</b>	7 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Game Room

## March 5

### Two-Player Shoot Out

<b>Ages</b>	9 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Gymnasium

## March 19

### Slam Dunk Contest (7 feet)

<b>Ages</b>	12 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Gymnasium

## March 26

### Guard the Pin

<b>Ages</b>	7 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Gymnasium

## April 9

### Poison River (Jumping Contest)

<b>Ages</b>	7 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Gymnasium

## April 16

### Indoor Football

<b>Ages</b>	7 years and up
<b>Time</b>	7:00 p.m.
<b>Location</b>	Gymnasium

## April 23

### Indoor Baseball (Wiffle Ball)

<b>Ages</b>	7 years and up
<b>Time</b>	7:00 p.m.
<b>Location</b>	Gymnasium

## April 30

### Teen Movie TBA

<b>Ages</b>	13 years and up
<b>Time</b>	6:30 p.m.
<b>Location</b>	Island Room

## Field Trips: Miami Heat Game

<b>Ages</b>	9-18 years
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You're invited to watch Dwayne Wade and the Miami Heat take on some of the country's best teams at the American Airlines Arena. Registration is open to the first 17 kids, so register early!

### Date: Saturday, January 2

<b>Time</b>	Bus departs at 2:30 p.m. Game starts at 3:30 p.m.
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<b>Fee</b>	\$15 per person
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### Date: Friday, March 12

<b>Time</b>	Bus departs at 6:30 p.m. Game starts at 7:30 p.m.
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<b>Fee</b>	\$15 per person
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## AMERICAN GYMSTERS

<b>Days</b>	Tuesdays
<b>Times</b>	Beginners: 4:00-5:00 p.m./5:00-6:00 p.m. Intermediate: 5:00-6:00 p.m. Advanced: 6:00-7:30 p.m. Pre-Team: 6:00-7:30 p.m.
<b>Days</b>	Saturdays
<b>Times</b>	Beginners: 9:00-10:00 a.m. Intermediate: 9:00-10:00 a.m. Advanced: 10:00-11:30 a.m. Pre-Team: 10:00-11:30 a.m.

<b>Session 1</b>	December 15-February 20
<b>Session 2</b>	February 23-April 24
<b>Session 3</b>	April 27-June 19

### Fees

#### Beginners and Intermediate

<b>1 x per week</b>		<b>2 x per week</b>	
<b>Members</b>	\$200	<b>Members</b>	\$295
<b>Non-Members</b>	\$240	<b>Non-Members</b>	\$340

#### Advanced and Pre-Team

<b>1 x per week</b>		<b>2 x per week</b>	
<b>Members</b>	\$245	<b>Member</b>	\$325
<b>Non-Members</b>	\$260	<b>Non-Members</b>	\$360

Additional insurance payment: \$50 per year (made payable to American Gymsters)



# Youth & Teen Programs

## ATHLETICS

Registration for each program will be available at the Community Center front desk.

Welcome to another great season of Key Biscayne Spring Baseball! We look forward to another fun-filled season that aims to provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more.

### Save the Date

Opening Day Celebration and First Games to take place on Saturday, February 27, 2010



### Boys Recreational Baseball

Registration runs January 18-February 14, 2010.  
Evaluation dates in January will be announced.

#### T-Ball

<b>Ages</b>	5-7 years
<b>Fee</b>	\$150

#### Coach Pitch

<b>Ages</b>	7-9 years
<b>Fee</b>	\$200

#### Mustang

<b>Ages</b>	10-12 years
<b>Fee</b>	\$200

#### Bronco

<b>Ages</b>	13-14 years
<b>Fee</b>	\$200 (subject to number of players registered)

### Girls Recreational Softball

Registration runs January 18-February 14, 2010.  
Evaluation dates in January to be announced.

#### Junior Softball

<b>Ages</b>	9-12 years
<b>Fee</b>	\$200

#### Senior Softball

<b>Ages</b>	13-14 years
<b>Fee</b>	\$200

### Travel Baseball

Program price includes league fees, paid coaches, umpires, team equipment, opening/closing day celebration, trophies, and more! Travel baseball is professionally coached by former minor league baseball players. Limited team sizes; only top players in each age category (determined by coaches) make the team. All travel baseball team registrations and payments are made through the Key Biscayne Athletic Club at [www.kbacfl.org](http://www.kbacfl.org).

<b>Age</b>	7-14 years
<b>Tryout date</b>	December 5, 2009
<b>Registration</b>	Begins December 8, 2009
<b>Fees</b>	\$550 if paid by January 15, 2010 \$600 for payment plan

*Note: New players must pay an additional \$100 uniform fee.*

#### Coach Pitch

<b>Ages</b>	Must be 8 and under before May 1, 2010
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#### 10U

<b>Ages</b>	Must be 10 and under before May 1, 2010
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#### 12U

<b>Ages</b>	Must be 12 and under before May 1, 2010
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#### 13U

<b>Ages</b>	Must be 13 and under before May 1, 2010
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## KEY BISCAYNE BASKETBALL ACADEMY

Why sit courtside when you can take part in this action-packed basketball program? Taught by Coach Tony Goudie, practices begin Monday, January 4. So don't delay. Sign up today. Each session is four weeks/eight practices.

<b>Days</b>	Mondays and Fridays
<b>Times</b>	
Beginners	3:15-4:00 p.m.
Intermediate	4:00-5:00 p.m.
Advanced	5:00-6:00 p.m.
<b>Session</b>	Begins January 4
<b>Member Fee</b>	\$100 per 4 weeks
<b>Non-Member Fee</b>	\$120 per 4 weeks



# Team Key Aquatics



## TEAM KEY AQUATICS

Team Key Aquatics (TKA) aims to foster the growth and development of each swimmer, regardless of age or ability, in an environment that encourages goal setting, dedication, hard work, discipline, and a personal commitment to the pursuit of excellence. TKA provides an opportunity for all swimmers to develop and maximize their competitive swimming skills—an experience that will only prove valuable to them in the future.

**Winter/Spring session runs from January 4-June 5, 2010**

### Sub-Jo Crew

This group is relatively new to swimming as a competitive sport. Sub-Jo Crew swimmers emphasize proper stroke technique as well as speed work, interval training, and aerobic conditioning. Dry-land exercise and race strategy also are introduced.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	3:30-4:30 p.m.
<b>Days</b>	Tuesdays, Thursdays, Fridays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)



## A TEAM PLAYER

For most 14 year olds, sleeping in is the preferred pastime. That's not the case for Valentin Camilion, who can be found swimming laps in the Community Center pool as early as 5:00 a.m. most weekdays.

"At first you hate it [the early morning trainings] but then you get used to it and you don't complain as much," admits Camilion, a ninth grader at La Salle High School.

Camilion joined TKA two years ago and now swims with the Sectional Crew. "The coaches are always there to support us;

they're all about discipline and they are tough on us, but they are really good," he says.

He decided to immerse himself into the sport after witnessing the level of dedication professional swimmers, such as Michael Phelps, put into swimming. "I envy athletes like him," he admits.

As for his future athletic aspirations, Camilion has his sights set on becoming an Iron Man tri-athlete, so in addition to swimming with TKA, he also cross trains by running and biking regularly.

"I'd recommend joining TKA," he says. "Some of the other swimmers have been swimming since they were five, and I try to keep up with them. That's what's making me stronger."

## Jo Crew

Jo Crew swimmers emphasize proper stroke technique as well as speed work, interval training, and aerobic conditioning. Dry-land exercise and race strategy also are introduced. This group represents our top age group level.

<b>Days</b>	Mondays through Fridays
<b>Time</b>	4:45-6:15 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	8:15-9:45 a.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

## Sectional Crew

Sectional Crew is an elite group of swimmers who have high ambitions and a strong commitment to succeed, setting their sights on the Junior Olympics and Sectional Championships.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	5:00-6:15 a.m. and 6:30-8:30 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	6:30-8:15 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	10:00 a.m.-1:00 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

## TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. Swimmers here benefit from the workouts, stroke technique training, and our coaches' vast knowledge of the sport of swimming.

<b>Days</b>	Mondays through Fridays
<b>Time</b>	8:45-10:15 a.m.
<b>Member Fee</b>	\$100 (4 weeks)
<b>Non-Member Fee</b>	\$120 (4 weeks)

*Note: Practice days and times are subject to change.*

## Interested in joining TKA?

Please contact Coach Iggy or Coach Gaby at 305-858-7339 prior to registering.



# Swim Kids Swimming School

## Winter Session runs from January through May

### Parents & Me

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor also will introduce basic swimming and water survival skills.

<b>Ages</b>	4-24 months
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	10:00-10:30 a.m.
<b>Days</b>	Saturdays
<b>Time</b>	10:45-11:15 a.m.

### Turtles

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

<b>Ages</b>	2-3 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:00-3:30 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:00-3:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	11:15-11:45 a.m.

### Jellyfish

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin, and frog kicks.

<b>Ages</b>	4-6 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:30-4:00 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:30-4:00 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	11:45 a.m.-12:15 p.m.

### Dolphins

The emphasis at this level will be on timing and swimming strokes.

<b>Ages</b>	7-9 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:00-4:40 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-4:40 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:15-1:00 p.m.

### Sharks

At this level advanced strokes are introduced, developed, and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

<b>Ages</b>	10 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:40-5:20 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:40-5:20 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:15-1:00 p.m.

### Sea Lions (Adult Classes)

It's never too late to refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well.

<b>Ages</b>	18 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	10:30-11:30 p.m.

### Fees

#### Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

<b>Class Duration</b>	30 min.
<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$360

(One lesson is \$37.50 for members/\$45 for non-members)

#### Semi-Private Lessons (2 Swimmers/1 Instructor/8 Lessons)

<b>Class Duration</b>	30 min.
<b>Member Fee</b>	\$180
<b>Non-Member Fee</b>	\$225

(One lesson is \$22.50 for members/\$28.12 for non-members)

#### Group Lessons (4-10 Swimmers/1 Instructor/8 Lessons)

<b>Class Duration</b>	40 min.
<b>Member Fee</b>	\$140
<b>Non-Member Fee</b>	\$172

(One lesson is \$17.50 for members/\$21.50 for non-members)

#### Adult Lessons/Competitive-Beginner (1 Swimmer/1 Instructor/8 Lessons)

<b>Class Duration</b>	40 min.
<b>Member Fee</b>	\$400
<b>Non-Member Fee</b>	\$500

(One lesson is \$50 for members/\$62.50 for non-members)

#### Baby Group Lessons (4-10 Swimmers/1 Instructor/8 Lessons)

<b>Member Fee</b>	\$140
<b>Non-Member Fee</b>	\$172

(One lesson is \$17.50 for members/\$21.50 for non-members)



#### Necessary Equipment

Bathing suit, bathing cap, and goggles.

#### Make-Up Policy

All classes must be cancelled in advance. If the lesson cannot be attended, we require notice before 9:00 a.m. Make-up classes can be scheduled on the last Friday of the month, which has been reserved for make-ups.

For more information on the class schedule, call Swim Kids at 305-262-SWIM (7946) or log on to [www.swimkidschool.com](http://www.swimkidschool.com).



## EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong, and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome.

<b>Member Fee</b>	\$18 per class or \$130 per ten-class punch pass
<b>Non-Member Fee</b>	\$21 per class or \$160 per ten-class punch pass

### Easy Flow

A gentle, restorative, and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

### Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

### Multi-Level

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It's physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body, and a calm mind.

## VERO YOGA & CO. WINTER CLASS SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level Veronica	8:30 a.m. Easy Flow Veronica
12:30 p.m. Multi-Level Veronica	11:00 a.m. Flow Angeles		11:00 a.m. Flow Angeles	
6:00 p.m. Kids Yoga Claudia				

## MEDITATION AND BREATHING TECHNIQUES WORKSHOPS

Join us the first Monday of every month beginning in January.

<b>Dates</b>	January 4, February 1, March 1, April 5, May 3
<b>Time</b>	7:00-8:00 p.m.
<b>Location</b>	Island Room
<b>Instructor</b>	Veronica Vidal
<b>Member Fee</b>	\$17
<b>Non-Member Fee</b>	\$20

## VERO YOGA FOR KIDS

In this class, kids will develop strong, limber, and healthy bodies while cultivating self-esteem, increasing focus, and concentration—all in a playful environment. Children will also learn how to cope with life stressors and how to effectively relax and sleep better. The session starts on January 4.

<b>Ages</b>	7-11 years
<b>Days</b>	Mondays
<b>Time</b>	6:00-7:00 p.m.
<b>Location</b>	Island Room
<b>Member Fee</b>	\$100 for ten classes (\$12 for a single class)
<b>Non-Member Fee</b>	\$120 for ten classes (\$14 for a single class)

## YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength, and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

<b>Ages</b>	16 years and up
<b>Member Fee</b>	\$8 per class
<b>Non-Member Fee</b>	\$15 per class

## Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	10:00-11:30 a.m.
<b>Instructor</b>	Arbey Quiceno

## Gentle Yoga

This class focuses on the basic fundamental posture of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required, just wear comfortable clothes.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	9:30-11:00 a.m.
<b>Instructor</b>	Jenny Ryan

## Moderate Yoga

A perfect balance between our Gentle Yoga and Power Yoga classes, intermediate yoga practitioners will feel right at home in this class.

<b>Days</b>	Wednesdays
<b>Time</b>	7:00-8:30 p.m.
<b>Instructor</b>	Kerstin Eskeli

## Power Yoga (Multi-Level)

This Dharma Mittra style class is designed for those seeking physical challenges. This class builds a strong foundation to advance in balancing, back-bending, twisting and inversions. Students will be gently encouraged to pursue poses at their own pace. All levels are welcome. Remember to wear loose clothing that stretches.

<b>Days</b>	Mondays from 7:00-8:30 p.m.
<b>Days</b>	Saturdays from 9:30-11:00 a.m.
<b>Instructor</b>	Kerstin Eskeli



## COMPLETE WINTER YOGA SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>8:30 a.m.</b> Easy Flow Yoga Vero Yoga & Co.	<b>8:30 a.m.</b> Multi-Level Yoga Vero Yoga & Co.	<b>8:30 a.m.</b> Easy Flow Yoga Vero Yoga & Co.	<b>8:30 a.m.</b> Multi-level Yoga Vero Yoga & Co.	<b>8:30 a.m.</b> Easy Flow Yoga Vero Yoga & Co.		
<b>10:00 a.m.</b> Yoga Arbey	<b>9:30 a.m.</b> Gentle Yoga Jenny	<b>10:00 a.m.</b> Yoga Arbey	<b>9:30 a.m.</b> Gentle Yoga Jenny	<b>10:00 a.m.</b> Yoga Arbey	<b>9:30 a.m.</b> Power Yoga Kirsten	
<b>12:30 p.m.</b> Multi-Level Yoga Vero Yoga & Co.	<b>11:00 a.m.</b> Flow Yoga Vero Yoga & Co.		<b>11:00 a.m.</b> Flow Yoga Vero Yoga & Co.			
<b>6:00 p.m.</b> Kids Yoga Vero Yoga & Co.						
<b>7:00 p.m.</b> Power Yoga Kirsten		<b>7:00 p.m.</b> Moderate Yoga Kirsten				



# Fitness Programs and Classes

**NEW!**



## Running Club

This high-energy program is for runners and walkers of all levels. Receive a personalized training program developed by an experienced runner, a running/walking pronation analysis, discounts at local running specialty stores, and be paired up with other runners/walkers of similar ability. Contact Coach Grainger at 786-877-3153 or [keyrunners@yahoo.com](mailto:keyrunners@yahoo.com).

<b>Ages</b>	12 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	7:00 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	8:00 a.m.
<b>Location</b>	Meet at Community Center
<b>Session</b>	Ongoing
<b>Instructor</b>	Jeff Grainger
<b>Member Fee</b>	\$10 per week or \$40 per month
<b>Non-Member Fee</b>	\$12 per week or \$48 per month



## TRIATHLON TEAM-YOUTH

Young aspiring athletes will become inspired and motivated with this new program, proven to help youth and teens lead an active and healthy lifestyle. Youth and teens age 6 to 15 will train in endurance sports such as running, biking and swimming. Based on their age and athletic ability, young athletes will be divided into three categories.

<b>Days</b>	Mondays, Wednesdays, and Thursdays
<b>Time</b>	5:30-6:45 p.m. (combining sports daily)
<b>Member Fee</b>	\$140 per month (2 times per week)
<b>Non-Member Fee</b>	\$172 per month
<b>Member Fee</b>	\$175 per month (3 times per week)
<b>Non-Member Fee</b>	\$195 per month

## TRIATHLON TEAM-ADULTS

These programs are designed with individual athletes in mind. Participants will receive weekly training sessions, including swimming, biking, and running sessions. For more information, call Coach Vargas or Lilly at 786-366-5329 or visit [www.eltrainer.us](http://www.eltrainer.us).

### Elite Plan

The plan includes training plans (depending on the sport of your choice), assistance via email, and technical supervision two times per week.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	6:30-7:45 a.m.
<b>Member Fee</b>	\$135 per month
<b>Non-Member Fee</b>	\$160 per month

### Plus Plan

This plan (two swim sessions, one bike session, and one run session) includes a weekly online training plan, support via email and phone, and technical supervision four times per week.

<b>Days</b>	Tuesdays and Thursdays (swim)
<b>Time</b>	6:30-7:45 a.m. and 7:45-8:45 p.m.
<b>Days</b>	Wednesdays (run)
<b>Time</b>	6:45-8:00 p.m.
<b>Days</b>	Fridays or Saturdays (bike)
<b>Time</b>	TBA
<b>Member Fee</b>	\$270 per month
<b>Non-Member Fee</b>	\$318 per month



# Senior Fitness Programs and Classes

## H2O Power: Water Ai Chi **NEW!**

This new class combines water fun, yoga and Ai Chi (a water-based form of Tai Chi). Water Ai Chi is an exercise and relaxation program focusing on balance and fluidity of movement of the arms, legs, and torso.

<b>Days</b>	Mondays
<b>Time</b>	10:00-11:00 a.m.
<b>Location</b>	Pool
<b>Instructor</b>	Randye Dlott
<b>Member Fee</b>	\$10 per class
<b>Non-Member Fee</b>	\$12 per class

## Dancing in Your Seats **NEW!**

This fitness class is too good to be true! This exercise program incorporates dance steps ranging from the tango to the two-step, while enjoying music from Frank Sinatra to Gloria Estefan—all while seated.

<b>Days</b>	Tuesdays
<b>Time</b>	10:00 a.m.
<b>Location</b>	Island Room
<b>Instructor</b>	Randye Dlott
<b>Member Fee</b>	\$10 per class
<b>Non-Member Fee</b>	\$12 per class

## Enhanced Fitness **NEW!**

This low-cost, evidenced-based exercise program helps older adults (over 60) at all fitness levels of become more active, energized, and empowered to sustain independent lives. Enhanced Fitness focuses on stretching, flexibility, balance, low impact aerobics, and strength training exercises.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Times</b>	2:00-3:00 p.m. and 5:30-6:30 p.m.
<b>Location</b>	Community Room (First Floor, Village Hall)
<b>Session</b>	January 4-April 23
<b>Instructor</b>	Marilyn Myles
<b>Fee</b>	\$96 (16 weeks)

## A.S.K. Walking Club **NEW!**

The A.S.K. (Active Seniors on the Key) Walking Club is open to those over 50 who want to reduce health risks and

maintain optimum health. Over time, participants will work up to walking three miles in one hour.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	7:30-8:30 a.m.
<b>Location</b>	Village Green (by the Tot Lot)
<b>Instructor</b>	Marilyn Myles
<b>Fee</b>	Free

## Oriental Exercises: Elements of Tai-Chi and More

People of all ages can learn and benefit from these self-regulated gentle turning and stretching movements, which can be adapted to any level of ability.

<b>Day</b>	Thursdays and Sundays
<b>Time</b>	8:30 a.m.
<b>Location</b>	Island Room (Thursdays) Village Green (Sundays)
<b>Instructors</b>	Marius Robinson and Steven Minor
<b>Fee</b>	Free

## Splash! Water Workout

Have a splashing good time with this fun and exciting water workout designed to be easier on your joints while helping increase overall endurance and strength.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	10:30-11:30 a.m.
<b>Location</b>	Pool
<b>Session 1</b>	January 5-February 11
<b>Session 2</b>	February 16-March 25
<b>Session 3</b>	March 30-May 6
<b>Instructor</b>	Marilyn Myles
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$135

## Have a Ball!

This beginner movement class, will help you strengthen, tone, as well as increase flexibility and balance.

<b>Ages</b>	Seniors
<b>Days</b>	Mondays (Gym)
<b>Days</b>	Wednesdays (Dance Studio)
<b>Time</b>	10:00 a.m.
<b>Instructor</b>	Marilyn Myles
<b>Member Fee</b>	\$8 per class or group exercise pass



# Group Exercise Information



## GROUP EXERCISE GENERAL INFORMATION

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear for the class you are attending.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.

## Group Exercise Pass Prices

Single: \$8 for members, \$15 for non-members  
(includes guest fee)

5 Pack: \$29 for members

10 Pack: \$50 for members

20 Pack: \$85 for members

Packages are not valid for yoga classes or non-members.

## Class Descriptions

**Body Sculpting**—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

**Kickboxing**—This intense, total-body workout combines aerobics, cardiovascular and body toning to help improve strength, aerobic fitness, flexibility, coordination and balance.

**Spinning**—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be! *First-time participants should arrive early.*

**Latin**—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

**Step**—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with some abdominal work.

**Water Exercise**—Water exercise is a wonderful low-impact alternative to traditional land exercise programs. It is ideal for people with arthritis and those recovering from injuries, as well as anyone looking for a good workout.

**Zumba**—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

## WINTER/SPRING LAND GROUP EXERCISE SCHEDULE

Classes are 55 minutes and are held in the Dance Studio

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15 a.m. Spinning <i>Sergio</i>	7:00 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Bette Ann</i>	7:00 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Bette Ann</i>		
8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Marilyn</i>	8:15 a.m. Spinning <i>Marquinho</i>	
9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Spin/Sculpt <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:15 a.m. Brazilian Sculpt <i>Marquinho</i>	
10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:15 a.m. Step <i>Jennifer</i>	10:00 a.m. Zumba <i>Maria</i>
10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:15 a.m. Zumba <i>Huayla</i>	11:00 a.m. Video Spin <i>Linda</i>
11:00 a.m. Spinning <i>Marquinho</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>		
5:45 p.m. Zumba <i>Huayla</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>		
6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Kickboxing* <i>Alan</i>		7:00 p.m. Kickboxing* <i>Alan</i>			

\* Kickboxing classes are held in the Island Room.



# Adult and Senior Programs

## ARTS & CRAFTS

### Chinese Brush Painting

Chinese brush painting is meant to be more than a representation of an object; it is also a symbolic expression. Learn from an instructor who has studied with internationally known artists, Chow Chian Chiu and wife Chow Leung Chen-Ying. Learn the basics starting with bamboo. No previous experience is required. Materials list available at the Community Center front desk.

<b>Days</b>	Mondays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 4-February 8
<b>Session 2</b>	February 15-March 22
<b>Session 3</b>	April 5-May 10
<b>Instructor</b>	Joyce Olivera
<b>Member Fee</b>	\$50
<b>Non-Member Fee</b>	\$60

### Painting With Tony Coro

Learn tips and techniques to produce aesthetically pleasing works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

<b>Days</b>	Tuesdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 5-February 9
<b>Session 2</b>	February 16-March 23
<b>Session 3</b>	April 6-May 11
<b>Instructor</b>	Antonio Coro
<b>Member Fee</b>	\$50
<b>Non-Member Fee</b>	\$60

### Creative Jewelry Design

Come take part in this creative jewelry making class where the entire family can learn pattern design techniques, including stringing, knotting, wire twisting, weaving, and repair techniques. Here you can progress at your own pace; no previous experience is necessary. Most materials are supplied and range from glass beads, semi-precious stones, pearls, shells, and Lucite that have been drilled for stringing or wiring. An additional materials fee may be required.

<b>Days</b>	Mondays
<b>Time</b>	7:00-8:30 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Instructor</b>	Judi Koslen
<b>Fee</b>	\$10 per class



## OPEN STUDIO TIME FOR CERAMICS

### Hand Building

In this hand-building class, participants will be introduced to several methods of clay construction. Instructors will lead the class in projects involving slabs, coils, and extruded shapes (think big Play-Doh Fun Factory). You'll learn how to glaze your pots too.

### Pottery Wheel

Beginners will learn basic wheel skills, such as centering, opening, pulling, shaping, trimming, and finishing, as well as glazing. As a beginner, you will create variations on the basic cylinder, such as mugs, vases, and bowls. Intermediate/advanced students will learn more advanced functional and decorative projects such as dinnerware, lidded jars and casseroles, goblets, two-piece vases, etc.

<b>Days</b>	Wednesdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Arts and Crafts Room
<b>Sessions</b>	January 6-27; February 3-24; March 3-24; April 7-28
<b>Instructor</b>	Laura Marmol
<b>Member Fee</b>	\$94
<b>Non-member Fee</b>	\$112



# Adult and Senior Programs



## *Name*

Marco Ruttimann

## *Originally From*

Brazil

## *Profession*

Coffee Grower

## *Hobbies*

Karate, tennis, going to the gym

## *How long have you lived on the Key?*

12 years

## *Favorite activity/program at the Community Center*

Gym/weight room

## Art Meditation

Enhance your creativity and gain mental flexibility while learning drawing and painting techniques in this class. Through reading, listening to music, exploring nature as well as yourself from within, you will begin to practice meditation through the creation of art and “western mandalas.” All levels are welcome. A supply list is available at the front desk.

<b>Days</b>	Thursdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	January 7-28
<b>Session 2</b>	February 4-25
<b>Session 3</b>	March 4-25
<b>Session 4</b>	April 8-29 (no class April 1)
<b>Instructor</b>	Rita Rivas

<b>Member Fee</b>	\$60
<b>Non-members Fee</b>	\$72

## COMPUTER CLASSES

### Intro to Mac Computers and Gadgets

Are you new to the world of Mac? Or perhaps you want to learn more about what your computer and its various gadgets and programs—such as the iPhone, iPod, and iTunes—have to offer. Then this class is for you.

<b>Days</b>	Tuesdays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Computer Room

<b>Session 1</b>	January 5-February 2
<b>Session 2</b>	February 9-March 9
<b>Session 3</b>	March 16-April 20 (no class March 30)
<b>Instructor</b>	Ernesto “Neto” Mendoza (bilingual)

<b>Member Fee</b>	\$175
<b>Non-Member Fee</b>	\$210

## Mac Photos and Movies

Don't be overwhelmed by the many hi-tech functions your Mac has to offer. This class, taught by a Macintosh-certified instructor, will teach you how to make photo albums, slide shows, and even home DVD movies.

<b>Days</b>	Tuesdays
<b>Time</b>	10:30 a.m.-12:00 p.m.
<b>Location</b>	Computer Room

<b>Session 1</b>	January 5-February 2
<b>Session 2</b>	February 9-March 9
<b>Session 3</b>	March 16-April 20 (no class March 30)

<b>Instructor</b>	Ernesto “Neto” Mendoza (bilingual)
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<b>Member Fee</b>	\$315
<b>Non-Member Fee</b>	\$378

## Intro to Digital Photography

Designed as an introduction to digital photography, this class will cover the differences between film and digital photography as well as how to properly use your digital camera. The course also will cover how to use your digital camera with your computer.

<b>Days</b>	Mondays
<b>Time</b>	6:15-7:15 p.m.
<b>Location</b>	Computer Room

<b>Session 1</b>	January 19-February 9
<b>Session 2</b>	February 16-March 9
<b>Instructor</b>	Leo Quintana (bilingual)

<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$200



# Adult and Senior Programs

## PERFORMING ARTS

### Salsa Lessons



Learn salsa the fun, easy, and affordable way with SalsaCaché! Rather than teaching complicated dance patterns to students, SalsaCaché's mission is to raise the standards in salsa education by focusing on rhythm, style, and proper execution. In fact, the majority of SalsaCaché! students dance on the beat and learn to enjoy dancing salsa after just two classes. In addition to being fun, dancing salsa is also an excellent workout that combines aerobic and anaerobic training. Practice makes perfect, so take advantage of the ten-class package.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	8:00-9:00 p.m.
<b>Location</b>	Dance Room

<b>Session 1</b>	January 4-February 3
<b>Session 2</b>	February 8-March 10
<b>Session 3</b>	March 15-April 14
<b>Session 4</b>	April 19-May 19
<b>Instructor</b>	SalsaCaché

<b>Member Fee</b>	\$120 per five-week session or \$15 per class
<b>Non-Member Fee</b>	\$140 per five-week session or \$18 per class

### Flamenco

Join Carmen Rubio, the renowned dancer and graduate of the Royal Conservatory of Madrid, and take advantage of this unique opportunity to learn the classic sevillanas and flamenco without leaving the Island. It's a great form of exercise too!

<b>Days</b>	Thursdays
<b>Time</b>	8:00-9:00 p.m.
<b>Location</b>	Dance Studio

<b>Session 1</b>	January 7-28
<b>Session 2</b>	February 4-25
<b>Session 3</b>	March 4-25
<b>Session 4</b>	April 8-29
<b>Instructor</b>	Carmen Rubio

<b>Member Fee</b>	\$108
<b>Non-Member Fee</b>	\$132

## LANGUAGE ARTS

### Spanish for Beginners

Learn to tell time, make simple requests, register at a hotel, and conduct a basic conversation in Spanish.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	9:00-10:30 a.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 5-28
<b>Session 2</b>	February 2-25
<b>Session 3</b>	March 2-25
<b>Session 4</b>	April 5-28
<b>Instructor</b>	Cristina Medina

<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

### Intermediate Spanish

Students in this class will continue to acquire new vocabulary in Spanish. At the end of this class, students will be able to make simple requests and conduct a basic conversation in the language.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	9:00-10:30 a.m.
<b>Location</b>	Key Biscayne Room

<b>Session 1</b>	January 6-29
<b>Session 2</b>	February 3-26
<b>Session 3</b>	March 3-26
<b>Session 4</b>	April 6-29
<b>Instructor</b>	Cristina Medina

<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120





# Adult and Senior Programs

## Conversational Spanish

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary in Spanish. Students must possess basic grammar, reading, and writing skills in Spanish to take the class.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Key Biscayne Room
<b>Session 1</b>	January 4-27
<b>Session 2</b>	February 1-24
<b>Session 3</b>	March 1-24
<b>Session 4</b>	April 5-28
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

## Conversational English

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading, and writing skills in English.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Key Biscayne Room
<b>Session 1</b>	January 5-28
<b>Session 2</b>	February 2-25
<b>Session 3</b>	March 2-25
<b>Session 4</b>	April 6-29
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

## LECTURE SERIES AND WORKSHOPS

### Food and Wine with Chef Jacqueline Kleis

Want to learn how to successfully choose a wine to match your food or create a menu to match your wine? This class, presented by Chef Jacqueline Kleis, offers a unique opportunity to learn professional food and wine pairing secrets. Participants will receive recipes and learn hands-on techniques for preparing, cooking, and artistically presenting their dish while enjoying different wines, each selected for its pairing qualities with the dish. Whether it's a "Couple's Night Out" or a night out with the girls, everyone will sit down, relax with a glass of wine, and savor the flavors of a wonderful meal.

<b>Days</b>	Wednesdays January 27: White Wines February 24: Red Wines of the World March 31: Sparkling Wines April 28: Tequila Night
<b>Time</b>	7:00 p.m.
<b>Location</b>	Community Center Kitchen
<b>Instructor</b>	Chef Jacqueline Kleis
<b>Member Fee</b>	\$35
<b>Non-Member Fee</b>	\$40

### Green Architecture: Home Additions

Do you want to learn the essential steps to do a "green" addition to your home? Come spend the evening with architect Maria Luisa Castellanos. She will teach you about planning your very own project by creating a program, a "must have" list, budgeting, deciding on the design, and construction team, etc. Then, learn about the key areas discussed by LEED (Leadership in Energy and Environmental Design) and the Florida Green Building Coalition to make your project sustainable.

<b>Date</b>	Thursday, March 18, 2009
<b>Time</b>	7:00-8:30 p.m.
<b>Location</b>	Key Biscayne Room
<b>Member Fee</b>	\$10
<b>Non-Member Fee</b>	\$20



# Adult and Senior Programs

## SPECIAL EVENTS

### Florida Licensing On Wheels

A team of driver's license examiners will be on hand to renew or issue replacements or duplicates of your driver's license, issue new or replacement identification cards, as well as help complete out-of-state license transfers. No appointment is necessary. Call 305-365-8953 for information on needed documentation. *Note: Renewals can be completed up to 18 months in advance of expiration date.*

<b>Date</b>	Tuesday, January 19
<b>Time</b>	10:00 a.m.-2:00 p.m.
<b>Location</b>	Key Biscayne Room

### Key Biscayne Annual Health and Services Fair

Our annual health fair is back! Join us for free health screenings, informative presentations, lunch with an author, and plenty of resources. This event is sponsored by Vitas Innovative Hospice Care.

<b>Date</b>	Thursday, January 21
<b>Time</b>	9:00 a.m.-1:00 p.m.
<b>Location</b>	Community Center's Second Floor

### Key Biscayne Domino Club Winter Tournament

Join us for lunch and an afternoon of friendly competition. Pre-registration is required.

<b>Date</b>	TBD
<b>Time</b>	12:00-3:00 p.m.
<b>Location</b>	Island Room

### AARP Driver Safety Program

Only one day now! Take this five-hour classroom refresher course, especially designed for drivers age 50 and over and qualify for insurance discounts. Bring a brown bag lunch. Pre-registration is required.

<b>Date</b>	Tuesday, February 23
<b>Time</b>	9:00 AM
<b>Location</b>	Key Biscayne Room
<b>Fee</b>	AARP Member* \$12 AARP Non-member: \$14

*\*AARP members must bring their card in order to receive discount.*

### Mother's Day Brunch

Happy Mother's Day to all of our moms, grandmas and nanas! Come to the Community Center to help us celebrate Mother's Day with a delectable brunch. You don't even have to be a mom to enjoy this spread! RSVP by Monday, May 3. Brunch will be followed by a movie.

<b>Date</b>	Thursday, May 6
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room

<b>Senior Resident Fee</b>	Free
<b>Non-Resident Fee</b>	\$5



### City Theatre Free Festival Series Reading

Get a sneak preview of plays considered for City Theatre's Summer Shorts Festival. This event is co-sponsored by the Adrienne Arsht Center.

<b>Date</b>	Tuesday, January 26
<b>Time</b>	7:00 p.m.
<b>Location</b>	Island Room

<b>Fee</b>	Free
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## BRIDGE

From learning the basics to brushing up on your knowledge of the game, we have a bridge class for you.



### Bridge Lessons

<b>Days</b>	Tuesdays
<b>Location</b>	Key Biscayne Room

<b>Member Fee</b>	\$65
<b>Non-Member Fee</b>	\$75

<b>Session 1</b>	January 5-February 9
Supervised Play	5:00-6:00 p.m.
Play of the Hand:	
Part II	6:00-7:00 p.m.
Advanced Beginner	7:00-8:00 p.m.

<b>Session 2</b>	February 16-March 23
Supervised Play	5:00-6:00 p.m.
Bidding in the 21st Century	6:00-7:00 p.m.
Competitive Bidding	7:00-8:00 p.m.

<b>Session 3</b>	April 6-May 11
Supervised Play	5:00-6:00 p.m.
Bidding in the 21st Century: Part II	6:00-7:00 p.m.
Competitive Bidding: Part II	7:00-8:00 p.m.

### Duplicate Bridge Game

Join us for an afternoon of duplicate bridge every Wednesday. The game starts at 12:45 p.m. in the Island Room. Call Judy Reinach for details at 305-361-9562.

# Adult and Senior Programs – 50+ Corner

## MONTHLY PROGRAMS

### Thursday Matinee at the Village

Join your friends and neighbors for a free viewing of recently released films at the Community Center.

<b>Dates</b>	Thursdays: Jan. 7; Jan. 14; Jan. 28; Feb. 4; Feb. 11; Feb. 25; March 4; March 11; March 25; April 1; April 8; April 22; and April 29
<b>Time</b>	1:00 p.m.
<b>Location</b>	Island Room
<b>Fee</b>	Free

### Social Security Comes to the Village

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month. No appointment is necessary.

<b>Dates</b>	Wednesdays: Jan. 27; Feb. 24; March 31; and April 28
<b>Time</b>	9:30 a.m.-12:00 noon
<b>Location</b>	Key Biscayne Room

### Birthday Bunch Lunch

Celebrate your birthday with us at the Community Center! Adults 50 and over, come join your friends and neighbors on the second Thursday of the month for an island-wide birthday celebration. Register for our Birthday Club and lunch is on us during the month of your birthday. This event is brought to you by the Key Biscayne Community Foundation and Active Seniors on the Key Club.

<b>Dates</b>	Thursday January 14, February 11, March 11, and April 8
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	\$5

### Lunch with an Author

Join us every month on the third Thursday for lunch with a different author as they discuss their latest works and sign copies of their books.

<b>Dates</b>	Thursday, Jan. 21; Feb. 18; March 18; April 15
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room

### Key Biscayne Domino Club

Join your friends and neighbors in the Key Biscayne Room for a friendly game of dominos... *y una tacita de café*.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	2:00-6:00 p.m.
<b>Location</b>	Key Biscayne Room
<b>Fee</b>	Free





# Adult and Senior Programs

## TRIPS AND TOURS

### Schnebly Redland's Winery

Join us on our visit to Schnebly Redland's Winery, the southernmost winery in the United States. Then, we'll head out to one of our local favorite spots, Knaus Berry Farm and Bakery, for some of the finest fresh baked goods money can buy.

<b>Date</b>	Friday, January 8
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$18

### Phantom of the Opera at the Broward Center

Andrew Lloyd Webber's *The Phantom of the Opera* traces the tragic love story of a beautiful opera singer and a young composer shamed by his physical appearance into a shadowy existence beneath the majestic Paris Opera House. This award-winning musical has woven its magical spell over standing room audiences in more than 100 cities worldwide and now returns to Fort Lauderdale.

<b>Date</b>	Thursday, January 14
<b>Time</b>	Bus departs at 5:45 p.m.
<b>Fee</b>	\$45

### Fourth Annual International Chocolate Festival Featuring Coffee and Tea at Fairchild Tropical Garden

Join us for Fairchild's Fourth Annual International Chocolate Festival Featuring Coffee and Tea. There will be chocolate treats, delicious cups of coffee, and soothing cups of tea. Enjoy tree sales, cooking demonstrations, our ChocoWalk, informative lectures, and more.

<b>Date</b>	Friday, January 22
<b>Time</b>	Bus departs at 9:45 a.m.
<b>Fee</b>	\$20

### The Art of Norman Rockwell at the Fort Lauderdale Museum of Art

Norman Rockwell's contributions and the impact of his images on American culture is explored in this decade-by-decade installation of forty-two original artworks and a complete set of 323 archival *Saturday Evening Post* cover tear sheets, spanning 47 years of his career. All of the original works on view in American Chronicles are drawn from the permanent collection of the Norman Rockwell Museum. Lunch on Las Olas Boulevard will follow the visit to the museum.

<b>Date</b>	Friday, January 29
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$18

### Miami City Ballet's The Neighborhood Ballroom at the Adrienne Arsht Center

It's ballroom meets the ballet in Edward Vilella's full length work *The Neighborhood Ballroom*. A sultry widow, a vixen flapper, a glamorous Hollywood star, and a sexy Latin nightclub dancer all vie for the attention of a poet in a neighborhood ballroom as they dance the hot new dances of the day. Limited seats are available.

<b>Date</b>	Friday, February 5
<b>Time</b>	Bus departs at 6:30 p.m.
<b>Fee</b>	\$55

### Seminole Hard Rock Hotel and Casino

Seminole Hard Rock Hotel and Casino is one of South Florida's hottest retail, restaurant, and live entertainment districts. Enjoy more than 20 restaurants and over 25 specialty retail shops and the region's top live performance venues. Receive a free players' club card, discount vouchers for lunch... and lots more.

<b>Date</b>	Friday, February 12
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5





*Name*

Danielle Stiglich

*Originally From*

Brooklyn, New York

*Profession*

Stay-at-home mom, mother of three

*Hobbies*

Outdoor activities and going to the beach

*How long have you lived on the Key?*

5 years

*Favorite activity/program at the Community Center*

Exercise classes, Broadway in particular

## Worth Avenue

The Worth Avenue experience has been treasured for half a century by visitors the world over. Take advantage of this opportunity to shop the more than 250 merchants here, including legendary international boutiques and unique specialty stores found only on the Avenue.

<b>Date</b>	Friday, February 19
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5

## Friday Night at The Winery

Join us as we head back to Schnebly Redland's Winery, owned by Peter and Denise Schnebly, for a night of music, dancing, wine specials and good fun. Don't forget to bring a picnic or take out from your favorite restaurant to enjoy with some wine.

<b>Date</b>	Friday, February 26
<b>Time</b>	Bus departs at 5:00 p.m.
<b>Fee</b>	\$10

## The Barber of Seville at the Adrienne Arsht Center

Seville's most famous barber and jack-of-all-trades has returned to South Florida in this classic comic opera full of turns and twists—all wrapped up in Rossini's timeless music. Great seats are available.

<b>Date</b>	Wednesday, February 24
<b>Time</b>	Bus departs at 6:45 p.m.
<b>Fee</b>	\$60



## Schakolad Chocolate Factory Tour and New River Groves

Join us as we head out to Davie. First, we will tour, sample, and try our hand at chocolate making at the Schakolad Chocolate Factory. Then, we will visit the New River Groves, featuring Terry's famous homemade key lime pies and many other varieties. You'll also find delectable jams and jellies, fudge, fresh fruit and produce, and stone crab claws in season. So, take a seat at the open-air counter and choose from a menu like no other.

<b>Date</b>	Friday, March 5
<b>Time</b>	Bus departs at 10:00 a.m.
<b>Fee</b>	\$15

## Shops at Pembroke Gardens

Join us on our visit to the newest shopping destination in South Florida. The Shops at Pembroke Gardens has plenty of choices for dining, shopping, and outdoor strolling making it the perfect place to spend a lazy afternoon. Retail and restaurants include Loehman's, Ann Taylor Loft, Banana Republic, Barnes and Noble, Brio Tuscan Grille, Chico's, J. Jill, Talbot's, White House Black Market, and Z Gallerie.

<b>Date</b>	Friday, March 12
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5

## Convergence at The Deering Estate at Old Cutler

Part of the Living Artist Concert Series, this Chamber Music Series will feature the Bergonzi String Quartet with music by J. Turina, R. Schumann, and guest composer Ken Fuchs with members of the Deering Estate Chamber Ensemble. Concerts are held in the historic Stone House Ballroom, an intimate setting with superb natural acoustics. All concerts begin at 7:00 p.m.. The "Meet the Artist" reception is at 6:30 p.m.

<b>Date</b>	Friday, March 19
<b>Time</b>	Bus departs at 5:15 p.m.
<b>Fee</b>	TBA

# Adult and Senior Programs

## Miss Saigon at the Actor's Playhouse

Don't miss this international sensation, brought up-to-date in one of the most stunning theatrical spectacles of all time. *Miss Saigon* is an epic, daring pop opera dealing with controversial, contemporary issues. An unparalleled drama and a must see musical theatrical experience. Limited seats are available.

<b>Date</b>	Thursday, March 25
<b>Time</b>	Bus departs at 6:15 p.m.
<b>Fee</b>	\$35

## Town Center at Boca Raton

Featuring popular high-end stores, favorite department stores, specialty restaurants as well as the Terrace at Town Center, Town Center Mall in Boca Raton provides all-day entertainment. Remember to wear comfortable shoes.

<b>Date</b>	Friday, April 9
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5

## The Color Purple at the Broward Center

Don't miss this inspiring family saga that tells the unforgettable story of a woman who—through love—finds the strength to triumph over adversity and discover her unique voice in the world. Set to a joyous score featuring jazz, ragtime, gospel and blues, *The Color Purple* is a story of hope, a testament to the healing power of love, and a celebration of life.

<b>Date</b>	Wednesday, April 14
<b>Time</b>	Bus departs at 5:45 p.m.
<b>Fee</b>	\$37

## Jungle Queen Riverboat Bar-B-Q and Shrimp Dinner Cruise

Back by popular demand! A Fort Lauderdale tradition enjoyed by millions, this relaxing evening cruise up the New River includes an all-you-can-eat dinner and a variety show. Don't miss one of Florida's finest evenings.

<b>Date</b>	Thursday, April 21
<b>Time</b>	Bus departs at 4:00 p.m.
<b>Fee</b>	\$45

## Carmen at the Adrienne Arsht Center

Don't miss the chance to see the world's most famous opera. This classic story of the seductive and tempestuous gypsy, Carmen, the dashing matador, Escamillo, and the love-struck soldier, Don José, captivates audiences as much today as it did in 1875 when *Carmen* first premiered. Seats are limited so reserve soon.

<b>Date</b>	Wednesday, April 28
<b>Time</b>	Bus departs at 6:45 p.m.
<b>Fee</b>	\$60



### Name

Frederic H. Sherman

### Originally From

Baltimore, Maryland

### Profession

Newspaper editor

### Hobbies

Cribbage

### How long have you lived on the Key?

56 years

### Favorite activity/program at the Community Center

Lounging on the second floor and using the gym (occasionally)





# Special Events/Important Dates

## Movies on the Green

**Date** Friday, December 18  
**Time** 7:00 p.m.  
**Location** Village Green

## Christmas Eve

**Date** Thursday, December 24  
*Community Center will close at 4:00 p.m.*

## Christmas Day

**Date** Friday, December 25  
*Community Center Closed*

## New Year's Eve

**Date** Thursday, December 31  
*Community Center will close at 6:00 p.m.*

## New Year's Day

**Date** Friday, January 1  
*Community Center Closed*

## Movies on the Green

**Date** Friday, January 29  
**Time** 7:00 p.m.  
**Location** Village Green

## Movies on the Green

**Date** Friday, February 12  
**Time** 7:00 p.m.  
**Location** Village Green

## 20th Annual Easter Egg Hunt

**Date** Saturday, March 27  
**Time** 9:30 a.m. (sharp)  
**Location** Village Green



Printed with soy-based inks on 10%  
post-consumer recycled paper.

VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

**ACTIVE**  
islander



**Village of Key Biscayne  
Parks and Recreation Department**  
 10 Village Green Way  
 Key Biscayne, Florida 33149  
 Telephone: 305-365-8900

*Visit us often for updates and  
new information at*  
**www.activeislander.org**

## IMPORTANT PHONE NUMBERS

Village General Information.....305-365-5511  
 Village Manager's Office.....305-365-5500  
 Village Clerk.....305-365-5506  
 Building, Zoning, and  
 Planning .....305-365-5512  
 Fire Rescue .....305-365-8989  
 Police (non-emergency) .....305-365-5555  
 Police Department  
 Administration .....305-365-8913  
 Public Works .....305-365-8945  
 Zoning Information .....305-365-5502  
 Code Enforcement .....305-365-8917  
 Occupational Licenses .....305-365-8917  
 Community Center .....305-365-8900  
 Parks and Recreation .....305-365-8901  
 Senior Services/  
 Transportation.....305-365-8953  
 Property Tax Collector .....305-270-4916  
 Voter Registration .....305-365-8935  
 Chamber of Commerce.....305-361-5207  
 Bill Baggs State Park.....305-361-5811  
 Crandon Park .....305-361-5421  
 Sea Turtle Information .....305-361-5761  
 Manatee Hotline.....800-342-5367  
 Wildlife Rehabilitation .....305-248-0947  
 Mosquito Control .....305-592-1186  
 Pesky Critters.....305-255-7296  
 Humane Animal Removal .....305-232-1100  
 Voter Information.....305-375-5553  
 Water and Sewer Department .....305-665-7471  
 Water and Senior Aircraft  
 Noise Hotline Miami-Dade  
 County Phone.....305-876-7526  
 Emergency Ride Home Phone .....800-234-7433